

The Dialogue Experience

Consultations via phone, video, and text

Choose your preferred method of communication for all consultations at a time and place that works for you

Family Coverage

Unlimited access to nurses, nurse practitioners, and doctors for your dependents and your spouse.

Renewal and refills of prescriptions

Receive medication prescriptions and renewals for conditions that can be safely evaluated or treated through virtual care

Specialists referrals and lab requests

If we can evaluate your condition and it requires blood tests, imaging or a referral, Dialogue can assist with those as well.

Healthcare navigation

Dialogue can guide you toward the appropriate healthcare system resources when an in-person consultation is needed.

Privacy and security

Dialogue's platform is 100% confidential and secure. Under no circumstances can your employer or family members access your information or health records.

Pan-Canadian Access

Whether you live in a rural area or you are traveling for business, Dialogue is accessible anywhere in Canada.

When is the Dialogue Clinic Open?

Monday to Friday, from 8AM to 8PM, and Saturday and Sunday from 10AM to 4pm, in all canadian time zones.



Invite your family

1. Access your profile
2. Click on the "Family" tab
3. Add your spouse or your children

Scope of practice: what we can evaluate and guide you with

General Health, Including Kids

- Nasal congestion, sinus pain
- Sore throat
- Cough
- Headache / migraine
- Fever
- Diarrhea
- Vomiting
- Minor aches and pains
- Urinary infections (uncomplicated)
- Allergies
- Sexual health (sexually-transmitted infection (STI) information and screening)
- Weight management and general nutrition advice
- Travel health
- Breastfeeding support
- Prescription refills when clinically indicated (except for benzodiazepines, narcotics and cannabis, ADHD medication)

Healthcare Navigation

- Assist in health system navigation: physicians, specialists, tests, radiology, new pregnancy, etc.)

Skin Issues

- Skin rash, hives
- Acne, Eczema, Rosacea
- Moles / warts
- Cold sores / Herpes
- **Painless** eye irritation / infection
- Abrasions
- Minor bites or cuts

Minor Injuries or Traumas

General advice on injuries and muscular or joint pains, guidance on when should you seek a MD for a physical examination

Mental Health

- Anxiety disorder
- Stress
- Fatigue
- Depression
- Mood disturbance
- Insomnia, sleep hygiene counselling
- Family, relationship, or work conflict
- Work-Life coach

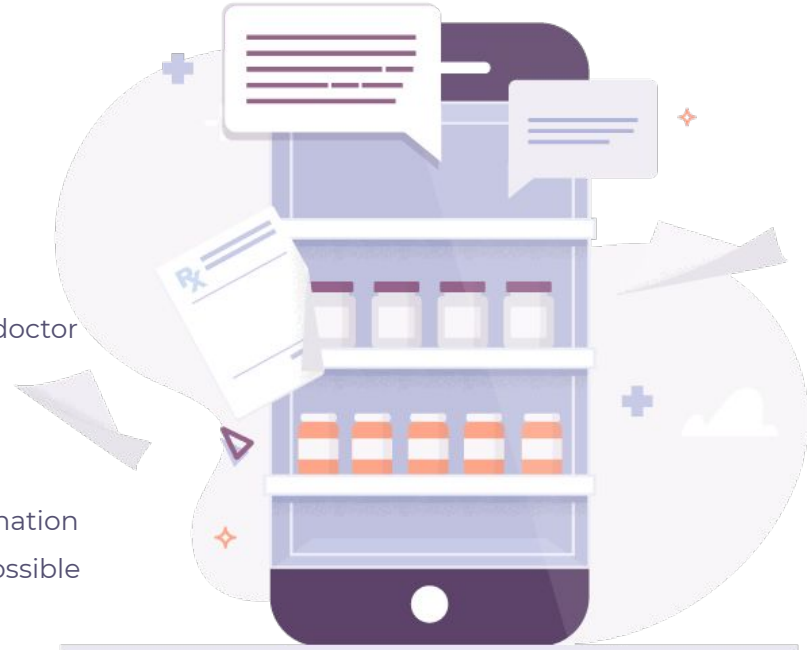


What we cannot treat

Telemedicine is currently not suited for everything, we will guide you in case your symptoms cannot be assessed via tele-consultation

Major medical emergencies (call 911) and the following symptoms and cases:

- Most conditions in children under 2 years of age
- Labored breathing
- Intense pain (head, chest, abdomen)
- Physical or sexual assault
- Seizures
- Psychosis and severe mental illness
- Severe traumas with obvious fractures, deep cuts or burns
- Follow-up of a medical condition already evaluated and followed by a doctor (oncology, chronic conditions etc.)
- Pregnancy follow-up
- Annual check-ups / tests and Periodic health visits
- Musculoskeletal pain related to trauma, as it requires a physical examination
- Dialogue is available only in certain Canadian provinces and it is not possible to use our services from elsewhere.
- We do not prescribe opioids, benzodiazepines, cannabis, and ADHD medications



If you have questions please contact support@dialogue.co

